

Cataract Surgery

Patient Information

Please bring this consent brochure to each ACES appointment.



ACES

aces-eyeclinic.co.uk

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99.4% of patients
would recommend ACES
vision correction surgery to
their friends and family.*



*2023 ACES telemedicine post-op questionnaire and external optometrist form. Dates between 1st January to 3rd September 2023.
Sample size 3,776.



About Us

Founded in 2005, ACES is an independent provider of NHS eye care services, where patients receive eye care in the community from expert clinicians including consultant ophthalmologists.

We offer the highest standards of clinical care and deliver world class eye care to our patients.

NHS Ophthalmic Care In The Community



We provide timely ophthalmic care of the highest standards in a community setting that is convenient and comfortable for our patients. We take enormous pride in building and maintaining our patients' trust – their safety and the quality of their care is always our first priority.

Patients have a choice in England as to where their eye care is provided – in line with this, we can provide care to patients from all across England.



Supporting The NHS

With NHS waiting lists for cataract surgery growing at an alarming rate, ACES aim to treat the cataracts of NHS patients typically within four weeks.

The longer patients with a cataract go without surgery, the more likely it is that their eyesight will further deteriorate, or that they will experience an adverse event due to poor vision, such as suffering a fall. ACES are enormously proud to be able to provide patients with immediate care, helping to avoid further medical complications due to poor eyesight, whilst supporting the NHS.

Supporting Patients

For patients, receiving exceptional and timely eye care is truly life-changing. At ACES we understand that living with reduced vision can have a marked negative impact on an individual's self-confidence and their physical and mental health. Our mission is to ensure that all patients have access to the eye care they need to enable them to live their lives to the fullest.

Why Choose ACES?

Short waiting times

ACES strive to offer timely care, avoiding long waiting times typical of NHS treatment, ensuring our patients receive the care they need, quickly.

Excellent patient satisfaction

99.4% would recommend ACES vision correction surgery to their friends and family.*

Fast track cataract surgery

ACES aims to treat cataracts typically within two to four weeks from their first appointment.

Expert ophthalmic surgeons

All of our ophthalmologists are highly experienced.

Honest and open communication

With streamlined communication you can ensure that a strong relationship will be built between your optometrist/GP, ACES and you ensuring that you receive the highest quality care at each and every appointment.

Quality of care - quality of life

Patient care is our priority, we are committed to providing exceptional and timely community emergency and routine ophthalmology outpatient services.

State of the art facilities

Our modern clinics are fitted with advanced equipment to diagnose and treat a wide range of eye conditions.

Care in the community

With clinics across England, patients can access expert eye care without requiring a hospital visit.

24/7 access to experienced clinicians

Patients can call on our expert clinicians for help and guidance if required.

Better appointment choice

You can choose the location, time and date that suits you, relieving the stress and worry of rescheduling things that matter the most to you.



What Our Patients Say About ACES



99.4%

would recommend ACES vision correction surgery to their friends and family.*



98.6%

were satisfied with their care.*



97.8%

were satisfied or very satisfied with their overall experience at ACES.*



91.2%

said their quality of life has improved since having surgery.*

“I had two cataract surgeries in ten days and I now have better eyesight than I’ve ever had before.”

Liz

“The procedure is fast, painless and very effective, fully recommend this whole team for the work they do.”

Mick

“ACES have restored a life to my 92-year-old friend who can now see to knit, text, use the internet and play scrabble.”

Celia

“I can’t recommend ACES enough; the first class care you receive is outstanding from start to finish.”

Helen

“Absolutely brilliant results for me. Excellent service and reassurance from all the staff.”

Vinny

“Consultant nurses are so kind and caring, thank you so much. I can’t believe how much I can see now.”

Be



What Is A Cataract?

A cataract is a small, cloudy patch that forms in the eye's clear natural lens and obstructs your vision. While cataracts may initially have little impact on your vision, they can develop as you age and start to interfere with your ability to carry out normal day-to-day activities if left untreated. Cataracts can interfere with both your level of vision and quality of vision. Some people might experience difficulty with driving or find that they struggle to read even with their glasses or contact lenses.

The only cure for a cataract is through a surgical procedure.

What Are The Symptoms Of Cataracts?

Cataracts can develop at different rates. In many patients they develop slowly, however this is not always the case.

The development of cataracts can cause a range of symptoms including blurred, cloudy or reduced quality of vision. These symptoms can make it difficult to perform everyday tasks such as driving and reading.

Symptoms may include:

- Decreased clarity of vision which can't be sufficiently corrected with glasses or contact lenses.
- Increased sensitivity to light and glare around bright lights.
- Changes to your perception of colour, as things appear faded or dull.
- Deteriorating night vision (difficulty seeing in poor or low light conditions).

When Should I Have Cataract Surgery?

If you feel that cataracts are having an impact on your daily life, and are preventing or reducing your ability to carry out normal day-to-day activities, it might be time to consider cataract surgery.

What Is Cataract Surgery?

Cataract surgery is a straightforward and quick procedure that removes the cloudy lens from within your eye and replaces it with a new synthetic lens, often referred to as an intraocular lens (IOL).

This new lens will significantly improve your vision, making it both clearer and brighter.

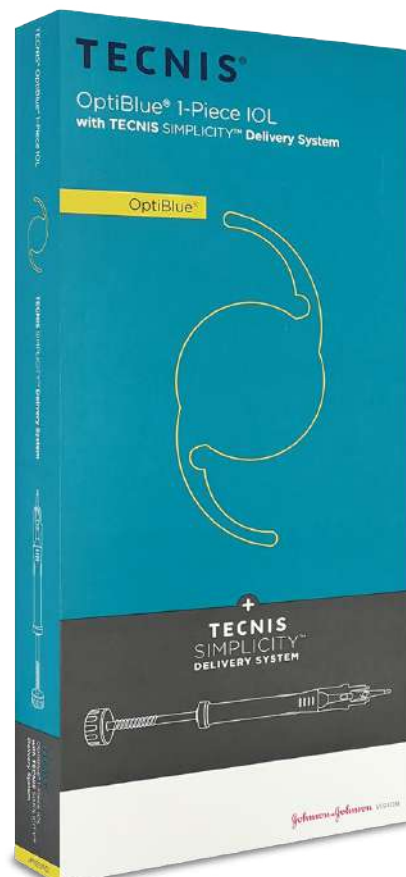
While the procedure itself can take as little as five minutes per eye, you will be with the surgeon for approximately 15-20 minutes. The procedure is carried out under local anaesthetic, which is administered using eye drops and you should be able to return home the same day.

What Are Intraocular Lenses (IOL)?

An IOL is an inert plastic disc that replaces the natural lens, aiding the level of vision that you achieve.

Patients treated under the NHS will receive a conventional fixed or single focus monofocal IOL.

Other types of premium IOL exist and are available to private patients, including presbyopia correcting multifocal designs and toric options, which correct moderate to severe astigmatism.





Cataract Patient Journey



Referral

Referrals to ACES come via email or referral pathway designated by the local ICB.

You will be triaged via telemedicine **within 24 hours** of receiving your referral.

Pre-Assessment

On the assumption you are suitable, we will aim to deliver your cataract surgery to at least one eye within **2 - 4 weeks** of your Pre-Assessment.

The ACES team will immediately contact you to book you in for your Cataract Pre-Assessment, which will take place ideally within **2 weeks** of your referral being received.

Surgery

After surgery, you will:

- Have a telemedicine call **within 10 days** of your surgery date.
- See your optometrist for your post cataract surgery check-up at **around 4 weeks** after your surgery.

After surgery, your optometrist will:

- Complete a post-cataract surgery check-up.
- Provide ACES with an update on your eye health and any further next steps that they would recommend.



Your Pre-Assessment Appointment

When you are referred to ACES for your cataract surgery, you will first need to attend a pre-assessment appointment.

At this appointment we will conduct a thorough examination of your eyes, taking necessary measurements, eye images and diagnostics to ensure we provide the best treatment most suitable for you.

To help you get the most out of this appointment please bring:

- Any glasses and contact lenses you currently wear (please don't wear your contact lenses to your appointment).
- A current prescription for your glasses (if available).
- Your repeat medication sheet (if you take prescribed medications).
- If you take Warfarin, please bring your yellow anticoagulant booklet..
- This booklet and any questions you may have.



Preparing For Your Pre-Assessment Appointment

At this appointment we usually need to put drops into your eyes to dilate the pupils. This will cause blurred vision for the following 4 - 6 hours.

We recommend you do not plan on driving for a minimum of 6 hours after your assessment. Ensure you have made the necessary travel plans and have someone pick you up from your appointment.

You are expected to be with us for up to two hours for this appointment.

At this first appointment we will be happy to answer any questions you may have. We recommend reading this brochure and noting any questions you wish to ask one of our expert clinicians on the day.

A surgical date is usually given to you at this appointment for a date and time that suits you.

Please don't wear any contact lenses before your pre-assessment appointment as this allows for increased accuracy of the measurements taken:

- Soft contact lenses – 1 day before appointment.
- Hard/GP lenses – 30 days before your appointment.

Potential Risks Of Cataract Surgery

Cataract surgery is the most common operation performed in the UK and has an exceptionally high success rate of improving eyesight. While cataract surgery carries risks like all other surgical procedures, the likelihood of a serious complication developing as a result of the procedure is very low.

The final result of the surgery may depend on other factors, such as other existing eye conditions. Our clinicians and consultants will discuss this at the pre-assessment appointment.

Infrequently a small number of stitches may be required and they will usually dissolve of their own accord. Rarely do stitches need to be manually removed. Do not be concerned if the stitches are left in, they will not cause any harm.

Affecting The Minority Of Patients

- A minority of patients develop a condition called posterior capsule opacification (PCO). Clear vision is successfully restored by way of a quick, non-invasive and painless YAG laser procedure. During cataract surgery the natural lens is removed, whilst the thin capsule surrounding the back of the lens is left in place to support the lens implant. It is possible for the capsule to become cloudy and reduce your vision during the months or even years following your surgery.
- Prior to cataract surgery, whilst wearing glasses or contact lenses, many patients experience quality of vision side effects such as glare, starbursts or halos around lights, or symptoms of dry eye. These side effects can also develop after surgery but their associated symptoms tend to dissipate or resolve in the medium to long term in the vast majority of patients. Further, as we age, there can be other causes of quality of vision or dry eye symptoms that are unrelated to cataract surgery.

Rare

- Whilst the vast majority of patients do not experience a complication, other rare occurrences include swelling of or abrasions on the cornea, inflammation within the eye, bleeding inside the eye, damage or rupture to the capsule or membrane that supports the lens, intraocular lens opacification, displacement or dislocation of the lens implant, remnants of the natural lens being left inside the eye resulting in inflammation, complications of the retina to include swelling in the central area of the eye, a retinal detachment, vitreous opacities or floaters, wound leak, elevated eye pressure (intraocular pressure & IOP), glaucoma, droopy eyelids or double vision. Complications can occur, however, their incidence following cataract surgery is extremely low.



Extremely Rare

- It is extremely rare for patients to develop an infection within the eye after cataract surgery (endophthalmitis - incidence less than 0.01%) or on the outer surface of the eye (microbial keratitis – incidence also of less than 0.01% procedures after cataract surgery). To put this into perspective, infections are significantly more common in patients who use contact lenses on an extended wear basis, for which the risk of a serious infection is 20x greater per year of wear.*
- Permanent reduction in best correctable vision and cardiac or respiratory problems are extremely rare.
- Cataract surgery in the presence or absence of a cataract isn't reversible (the natural lens cannot be put back in your eye), though where deemed to be clinically necessary, a lens exchange procedure can be performed, where the implanted IOL is removed and replaced with an alternative lens.

* Optical Express Peer Review v CL meta-analysis Peer Review

The Benefits Of Cataract Surgery

By removing the cloudy lens (cataract) from your eye, and inserting a new lens implant, we aim to improve your quality of vision.

After surgery your vision will typically be clearer, brighter and more colourful. For this reason, many patients require the cataract present in each of their two eyes to be treated within a short timeframe of each other, reducing any unwanted symptoms attributable to only one eye being treated.

Once a cataract has been removed it will not return.

Having cataract surgery at ACES ensures you can go back to doing the things you enjoy quicker as we aim to treat cataracts within four weeks from your pre-assessment.

After Cataract Surgery You Should Be Able To:

- See things clearly and in focus.
- Look into bright lights and not see as much glare or halos.
- Tell the difference between colours.

Giving patients the care they need in a timely manner helps to avoid further medical complications caused by poor eyesight, for example by reducing the risk of trips and falls.

Is Cataract Surgery Safe?

Yes. Cataract/lens surgery is the number one elective surgery procedure in the world and millions of people are enjoying the life changing benefits of this treatment. Of course, all surgical procedures carry a degree of risk, but our expert ophthalmologists and clinicians will ensure that your treatment is safe, effective, and as comfortable as possible.

Cataract Surgery Pre-Operative Medicines

Before your surgery you will need to administer certain eye drops at certain timelines, this will be discussed with you at your pre-assessment appointment.

This will help to reduce the amount of time that you spend in the clinic so you can enjoy the comfort of your home surroundings whilst also preparing for cataract surgery.

Please read this informed consent brochure carefully before your day of surgery and make sure that you understand the information including the timings. If you have any questions, or if you are unsure about anything, please contact us on 0333 188 2937.

When Do I Administer My Eye Drops?

The eye drops that you have been given are called Cyclopentolate 1%.

Enclosed with your eye drops you should find the manufacturer's patient information leaflet. Refer to that for further information about any potential side effects and any reasons why you should not use the eye drops. Please inform the ACES team if you will not be able to take these eye drops.

You will be unable to drive once you have administered these eye drops, so please ensure you have made other arrangements to get to and from the clinic for your cataract surgery appointment.

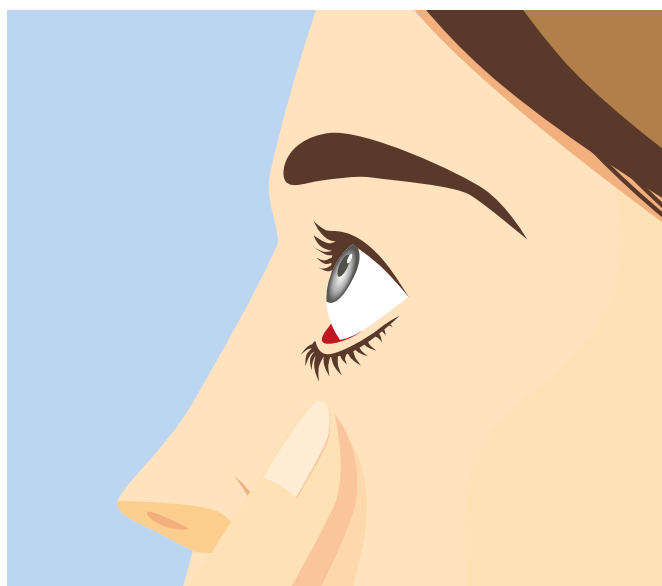
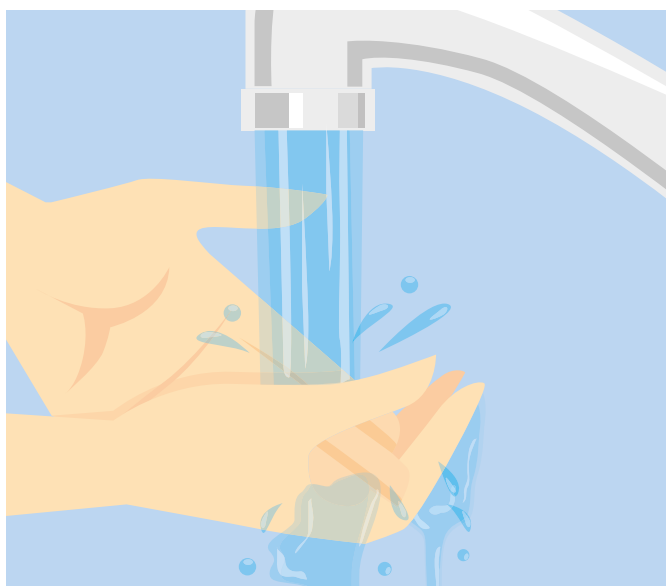
Please instil the drops in only the eye(s) to be operated, at least 1 hour prior to surgery. Do not instil the drops whilst in a moving vehicle.

Cyclopentolate 1% eye drops

- Instil 1 drop in right/left (depending on which eye is being treated) eye 1 hour before your surgery appointment and again 30 minutes before your surgery appointment.
- To reduce the time you spend at the clinic, we are asking you to put these drops into your eye to prepare for cataract surgery.



How To Administer Eye Drops?



Please record the time you instilled the eye drops:

Timing	Eye drop	Right Eye	Left Eye
1 hour before surgery time	Cyclopentolate 1% (1 drop)		
30 minutes before surgery time	Cyclopentolate 1% (1 drop)		



On The Day Of Your Surgery

You should have received your surgery confirmation letter which includes the date, time and address of the ACES clinic where your treatment will take place.

When you arrive at the clinic you will be met by a clinic nurse who will check your details and confirm your procedure type. You will then meet with our expert consultant who will go through the details of your surgery and give you the opportunity to ask any questions you may have.

Your consultant will then ask you to sign this informed consent brochure, ensuring that you have read and fully understand all the information in relation to your procedure.

By the time you reach the clinic you should have started to administer your eye drops Cyclopentolate 1%.

On the day of your surgery:

- You may eat and drink as normal.
- You should take your medications as usual.
- If at all possible, please DO NOT bring any valuables with you.
- Please DO NOT wear any make-up and attend the clinic with a clean face, no moisturisers or creams.
- Please bring in any inhalers for asthma or GTN sprays/inhalers for angina.
- You should anticipate being at the clinic for between two and three hours.
- We recommend that you DO NOT plan on driving after your surgical procedure for a minimum of 24 hours please ensure that you have pre-arranged someone to pick you up from the clinic.
- Wear comfortable, loose clothing but nothing fluffy or that has loose fibres.

Your Cataract Surgery Procedure

During the procedure, the cataract will usually be removed using sound wave technology. This requires only a small incision on your eye. The cataract will then be replaced with a lens implant known as an intraocular lens (IOL).

Step 1 - Anaesthetic

The eye is numbed with either an infusion of anaesthetic around the eye or using simple numbing eye drops. It is a local anaesthetic so you will stay awake throughout your procedure.

Step 2 – Corneal Incision

Small incisions are made through the clear cornea to allow insertion of microscopic single use instruments into the eye.

Step 3 – Capsulorhexis

The surgeon creates a circular opening in the front surface of the capsule (or bag) in which the lens (cataract) sits.

Step 4 – Phacoemulsification

A handheld probe is used to break up and emulsify the lens (cataract) into liquid using the energy of ultrasound waves. The resulting 'emulsion' is then removed.

Step 5 – Irrigation and Aspiration

The cortex which is the soft outer layer of the cataract is extracted.

Step 6 – Lens Insertion

A synthetic lens is inserted into the capsular bag that contained the natural lens. An antibiotic is then injected into the eye to reduce the risk of infection. The final step is to seal the incision points, most commonly without any stitches at all.

After Surgery

Once your surgery is completed you will be guided into our relaxation room by one of surgery support team members. From here you will get the chance to take a moment and relax after your procedure.

You will have another eye examination before you are discharged from the clinic.

After Your Cataract Surgery Procedure

The First 24 Hours

- Once the anaesthetic wears off, your eye may water, feel gritty or irritated.
- Your vision, while typically improved, may still be a bit blurry.
- You may be light sensitive and may see glare, halos, shadows or ghosting around lights at night.
- You may experience occasional symptoms of flickering lights.
- Your eye may appear slightly red or bloodshot.
- These symptoms are all completely normal and will gradually improve.
- Do not use tap water near your eyes.
- By the next day, your eyes should feel more comfortable and your vision should be clearer, but not yet perfect.
- Alternative forms of eye drops may be prescribed by your surgeon as applicable to your clinical care.

Post-Operative Patient Medications

The use of these drops should commence 4 hours after you leave the clinic. When instilling drops within the first 24 hours, and up to the next morning, remember to reposition your eye shield immediately afterwards.

Please wash your hands prior to putting in drops and do not touch the tip of the bottle or the inside of the bottle lid against your finger or eye. It doesn't matter which drops you put in first. The second drop should be put into the eye around five minutes after the first. The easiest way to put in drops is to pull down the lower lid with a clean finger, and put the drops into the space between the lid and the eyeball. This will avoid pressure on the upper eyelid.

A burning sensation is normal when instilling drops in the first several days. You may wish to take some painkillers during the early stages. You may take your preferred brand of tablet for this purpose.

Medication Name, Purpose and Usage:

Tobradex 0.3% / 0.1% or Maxitrol eye drops

(you will be given one or the other, but not both)

- Instil 1 drop in the operated eye(s) 4 times a day for 14 days then 3 times a day for 14 days.
- Used to prevent and treat inflammation and prevent possible infection of the eye after cataract surgery.
- Start using these drops on the same day as your surgery procedure.



Nevanac 0.1% eye drops (Not applicable to all patients)

- Instil 1 drop in the operated eye(s) 3 times a day for 4 weeks.
- Used to relieve eye pain, irritation, and redness following cataract surgery.
- Start using these drops on the same day as your surgery procedure.



Putting In Eye Drops

1. Start by tilting your head backward while sitting, standing, or lying down. With your index finger placed on the soft spot just below the lower lid, gently pull down to form a pocket.
2. Look up. Squeeze one drop into the pocket in your lower lid. Don't blink, wipe your eye, or touch the tip of the bottle on your eye or face.
3. Close your eye. Keep closed for 20 seconds without blinking.
4. Wait around 5 minutes before applying the next eye drop.



Post-Treatment Advice

- If the following signs or symptoms occur, you must ring **0141 222 3933** between the hours of 9am-5pm Monday-Saturday or **03300 240 488** outside normal opening hours:
 - Excessive pain, especially if you also experience nausea, vomiting, severe headache or a sudden onset of haloes around lights.
 - Mild redness of the eye in the early stage after surgery, however if your eye becomes increasingly red or painful, or if you notice a white patch on the coloured part of your eye, then please seek advice from a clinician, either via ACES or your local optometrist.
 - You get a sticky eye with lots of discharge.
 - If you get the appearance of a black curtain across your vision, see flashing lights or a sudden shower of floaters.
- Vision, redness and any discomfort should be improving gradually.
- You may experience some tenderness around the eye, you may take mild pain relievers if you need them.
- You may experience symptoms of dry eye such as irritation or mild redness during the early stages. Dryness can cause your vision to fluctuate.
- You may note that colours appear slightly different (brighter, more bold) than you remembered before your procedure. This is perfectly normal.
- It is normal to experience some redness in the white part of your eye. This is harmless and will not interfere with vision. This should gradually disappear within 2 – 3 weeks.
- You should wear your eye shield on your treated eye for 1 week during sleeping hours. This will protect your eye from accidental rubbing or bumping.
- You may shower, bath and wash your hair after the first post operative day.
- Do not face the shower spray, and try to wash your hair with your head tilted backwards to avoid shampoo/soap getting in your eyes.
- Avoid exercise for one week, swimming under water for 2 weeks and contact sports for 4 weeks or until advised by your surgeon.
- When putting on shoes and socks or picking up light objects, bend with knees rather than hips to keep your head elevated where possible. Avoid heavy lifting and strenuous exercise for at least the first 2 weeks.
- Normal activities can be resumed gradually after the first 2 weeks, providing there are no complications.
- Please avoid dusty or dirty environments for the first week following each treatment.
- To reduce the risk of complications, please keep your hands clean and use the medications as prescribed by your surgeon.
- Driving standards are self assessed by you after surgery, reading the number plate at a 20 metres (67 feet). In the majority of cases this is achieved within a few days to one week after the procedure. Confirmation of this can be sought from your optometrist at the post surgery eye test at 4 weeks after surgery.
- Most patients will benefit from taking a couple of days off work after each procedure.



After 24 Hours

Your eyes should feel relatively comfortable and vision should be improving.

Contact Information

EMERGENCIES

All emergency calls should be directed to:

0141 222 3933 between the hours of 9am-5pm from Monday to Saturday

03300 240 488 outside normal opening hours.

General Enquiries

Telephone: **0333 188 2937**

By e-mail: **aceseyeclinic.enquiries@nhs.net**

Write to our head office:

**ACES Customer Services Team
200 St Vincent Street
Glasgow
G2 5SG**

World Leading Technology

We're proud of the extremely sophisticated technology in our clinics, because the better the technology, the better the results are for our patients.

The equipment used during your treatment has been carefully chosen with the aim of achieving the best possible results for you.

We never compromise on your comfort and safety.

Founded in 1846, Zeiss is an international leading technology enterprise. Zeiss helps doctors all over the world to diagnose and treat eye conditions effectively to improve the patients' quality of life. The company offers one of the widest product portfolios on the market in ophthalmology, from the treatment of chronic eye diseases to surgical ophthalmology and refractive surgery.

ACES clinics have the latest state of the art diagnostic and treatment technologies, to include leading forms of Intraocular Lenses (IOL) as a result of this partnership, ensuring that you receive the best possible outcome and care.



ZEISS OCT

The Optical Coherence Tomography (OCT) scanner allows us to obtain high-resolution images of the posterior segment of the eye including the retina. It is essential in a modern ophthalmic clinic to accurately diagnose conditions such as age-related macular degeneration, macular oedema, and macular holes.



ZEISS Lumera Microscope

The Lumera Dual Scope Microscope gives our surgeons crystal clear visualisation during the cataract procedure and gives them the option of using live OCT images intraoperatively. This means our Intraocular Lens (IOL) surgery is quicker and more precise than ever before.



ZEISS Clarus Fundus Camera

Fundus photography allows us to capture a high resolution image of the central and peripheral retina, to include the optic disc, retinal blood vessels and the macula. This device will take a photograph of the sensitive layers at the back of the eye, which will then be reviewed by our experienced clinicians as part of your patient's eye health assessment.



ZEISS IOL Master 700TK

This piece of technology captures many biometric measurements of the eye and utilises sophisticated formulas to determine the best lens power. The ZEISS IOL Master 700 can capture 2,000 scans per second.



ZEISS Humphrey Visual Field Analyser

This instrument is the gold standard in perimetry, testing visual fields, which can highlight conditions such as glaucoma that may affect a patient's vision.



Nd:YAG Laser

Nd:YAG lasers are used in ophthalmology to treat Posterior Capsular Opacification (PCO), a condition that may occur after cataract surgery, and for peripheral iridotomy in patients with acute angle-closure glaucoma.

ACES Clinic Locations

Treatment Clinics

Birmingham 16 Corporation Street Birmingham B2 4RN	Bristol Ninth Floor Castlemead Lower Castle Street Bristol BS1 3AG	Cambridge 39-41 Petty Cury Cambridge CB2 3NB	Chelmsford Ground Floor Marlborough House Victoria Road South Chelmsford CM1 1LN	Dartford Ground Floor North Wing Riverbridge House Crossways Business Park Dartford DA2 6SL
Exeter First Floor Brittany House Exeter EX4 4EP	Fakenham Medical Practice Meditrina House Trinity Road Fakenham NR21 8SY	Leeds King Street 14 King Street Leeds LS1 2HL	Liverpool Exchange Station Tithebarn Street Liverpool L2 2QP	London Harley Street 22 Harley Street Ground Floor Right London W1G 9AP
London White City Westfield London Shopping Centre Unit 2121 Shepherd's Bush London W12 7GF	Manchester Bridgewater Wellness Clinic 120 Princess Road Manchester M15 5AT	Milton Keynes Second Floor Norfolk House Saxon Gate West Milton Keynes MK9 2DN	Newcastle The St Nicholas Building 5 St Nicholas Street Newcastle Upon Tyne NE1 1RF	Nottingham 5/6 The Triangle NG2 Business Park Nottingham NG2 1AE
Peterborough Third Floor Stuart House St John's Street Peterborough PE1 5DD	Southampton 36-38 The Avenue Southampton SO17 1XN	Thetford Healthy Living Centre Croxtan Road Thetford IP24 1JD	Wisbech Cromwell Road Wisbech PE14 0SN	

Pre-assessment Clinics

Bolton Moorland House 77-79 Knowsley Street Bolton BL1 2BJ	Carlisle Broadacre House 16-20 Lowther Street Carlisle CA3 8DA	Chester Suite 2, First Floor The Exchange St John Street Chester CH1 1DD	Chiswick 110 Chiswick High Road Chiswick London W4 1PU	Darlington 32 High Row Darlington DL3 7QW
Fakenham 2 Holt Road Fakenham Norfolk NR21 8BQ	Lincoln Second Floor Lincoln House 37 Newland Lincoln LN1 1XP	Maidstone Unit 4, Toherst Court Turkey Mill Ashford Road Maidstone ME14 5SF	Manchester St Johns 7 St John Street Deansgate Manchester M3 4DN	Manchester Trafford 37 Regent Crescent Intu Trafford Centre Manchester M17 8AR
Middlesbrough 29 Corporation Road Middlesbrough TS1 1LP	Norwich 1 Haymarket Norwich NR2 1QD	Plymouth 23 Princess Street Plymouth PL1 2EX	Thurrock Lakeside Thurrock Lakeside Shopping Centre Unit 345, Upper Mall Grays RM20 2ZP	
	Torquay 36 The Terrace Torquay TQ1 1BN	Wilmslow 3 Swan Street Wilmslow SK9 1HF		

Consent Form

Patient Information Sticker

Internal Use Only: PX CID..... PX DOB.....

PX Name.....

It is important that you have read and understood the information in this consent brochure in relation to your cataract surgery.

If you have any questions please speak to your surgeon before your surgery.

Before surgery this page will be detached from the consent brochure and retained in your medical records.

Please write your initials in the boxes as confirmation that you agree to and understand the information in this consent brochure.

	Initial
About Cataract Surgery (page 9 - 10).	<input type="text"/>
What are Intraocular Lenses (IOL)? (page 11).	<input type="text"/>
Cataract Patient Journey (page 12 - 13).	<input type="text"/>
Your Pre-Assessment Appointment (page 14 - 15).	<input type="text"/>
Potential Risks Of Cataract Surgery (page 16 - 17).	<input type="text"/>
The Benefits Of Cataract Surgery (page 18).	<input type="text"/>
Cataract Surgery Pre-Operative Medicines (page 19 -20).	<input type="text"/>
On The Day Of Your Surgery (page 22).	<input type="text"/>
Your Cataract Surgery Procedure (page 23).	<input type="text"/>
After Your Cataract Surgery Procedure (page 24 - 26).	<input type="text"/>
Your surgeon will decide whether you are suitable for treatment, taking into consideration the findings of the optometrist at your pre-assessment.	<input type="text"/>
Your surgeon may elect to postpone your procedure to a future day should they believe that additional diagnostic tests or additional medical specialist support or information is required to allow delivery of your treatment.	<input type="text"/>

Patient and Surgeon to Complete Together:

One eye only cataract surgery	<input type="text"/>
Delayed sequential cataract surgery (both eyes on different days)	<input type="text"/>
Immediate sequential cataract surgery (both eyes on the same day)	<input type="text"/>

Patient and Surgeon to Complete Together (please tick one box):

Intraocular Lens Type

Distance (Monofocal) IOL ☐ Right Eye ☐ Left Eye ☐ Both

Monovision (Monofocal) IOL ☐ Right Eye ☐ Left Eye ☐ Both

Patient Declaration

Further to my consultation with my clinician I have taken part in a discussion with a second clinician who also discussed with me the risks, benefits and alternatives to cataract surgery.

I understand that the decision whether to go ahead with cataract surgery is mine alone, and should be based on the information I have received in this document and during my pre-treatment consultation(s).

I confirm that all my questions have been answered, and I am satisfied with the answers. I understand that cataract surgery is an elective procedure (which means that I can choose whether or not to have this procedure). I understand that there are other ways to correct vision, some which involve surgery and some which do not, but I also understand that there are currently no other effective ways to correct or restore lost vision that is caused by cataracts. The risks and benefits in addition to the range of outcomes associated with treatment have been thoroughly explained to me. I understand that complications can occur and no guarantees can be given as to my outcome.

I understand I may need glasses to correct my vision after cataract surgery.

Having carefully reflected I give my consent to go ahead with surgery.

Patient Name:.....

Patient Signature:

Date:

Surgeon Declaration

I have discussed the intended procedure with the patient. I am satisfied that the patient has read this informed consent brochure, and understands it and the risks and benefits of, and alternatives to, the treatment. The patient has told me that I have answered all their questions to their satisfaction. The patient has also told me they are willing to accept the risks associated with the intended treatment, and voluntarily agrees to have lens replacement or cataract surgery. I agree to accept this patient on the above terms and provide treatment as set out in this document.

Surgeon Name:

Surgeon Signature:.....

Date:

Notes

Appointment Dates

Operation	Right Eye	Left Eye
Date		
Arrival Time		

Post-Operative Care	Right Eye	Left Eye
Date		
Appointment Time		



99.4% of patients

would recommend ACES
vision correction surgery to
their friends and family.*

*2023 ACES telemedicine post-op questionnaire and external optometrist form. Dates between 1st January to 3rd September 2023.
Sample size 3,776.



ACES

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ACES services are commissioned by ICBs across England.

Providing NHS patients with choice when it comes to their eye care.

