

YAG Capsulotomy

Patient Information

Please bring this consent brochure to each ACES appointment.



ACES

aces-eyeclinic.co.uk



About Us

Founded in 2005, ACES is an independent provider of NHS eye care services, where patients receive eye care in the community from expert clinicians including consultant ophthalmologists.

We offer the highest standards of clinical care and deliver world class eye care to our patients.

NHS Ophthalmic Care In The Community



We provide timely ophthalmic care of the highest standards in a community setting that is convenient and comfortable for our patients. We take enormous pride in building and maintaining our patients' trust – their safety and the quality of their care is always our first priority.

Patients have a choice in England as to where their eye care is provided – in line with this, we can provide care to patients from all across England.

Why Choose ACES?

Short waiting times

ACES strive to offer timely care, avoiding long waiting times typical of NHS treatment, ensuring our patients receive the care they need, quickly.

Excellent patient satisfaction

98.6% of patients were satisfied with their care.*

Fast track YAG Laser Treatment

ACES aim to treat Posterior Capsular Opacification typically within 2 to 4 weeks from a patient's referral for this service.

Expert clinicians

All of our clinicians are highly experienced.

Honest and open communication

With streamlined communication you can ensure that a strong relationship will be built between your optometrist/GP, ACES and you, ensuring that you receive the highest quality care at each and every appointment.

Quality of care - quality of life

Patient care is our priority, we are committed to providing exceptional and timely community emergency and routine ophthalmology outpatient services.

State of the art facilities

Our modern clinics are fitted with advanced equipment to diagnose and treat a wide range of eye conditions.

Care in the community

With clinics across England, patients can access expert eye care without requiring a hospital visit.

24/7 access to experienced clinicians

Patients can call on our expert clinicians for help and guidance if required.

Better appointment choice

You can choose the location, time and date that suits you, relieving the stress and worry of rescheduling things that matter the most to you.

99.4%
of patients

would recommend ACES
vision correction surgery to
their friends and family.*

*2023 ACES Telemedicine Post-Op Questionnaire and External Optometrist Feedback form. Dates between 1st January to 3rd of September 2023. Sample size 3,776.

Potential Risks Of YAG Surgery

As with any type of surgery, there is a degree of risk involved with YAG capsulotomy. While we always aim to give each patient their best possible outcome, perfect results are not guaranteed.

It is important to read all of the information thoroughly so that you are fully aware of the potential outcomes and can make an informed decision about your vision correction procedure.

ACES' clinicians are some of the most experienced and are fully qualified to manage the rare complications, allowing patients their best possible outcome. It is impossible to list every complication which could arise from YAG capsulotomy, with the vast majority of patients experiencing no complication at all.

*Whilst all medical procedures and vision correction options carry a degree of risk, lens replacement surgery is safe with the vast majority of patients achieving an excellent outcome. The most common phrase I hear from patients after surgery is “**I wish I had this done sooner**”.*

*- **Stephen Hannan**, Clinical Services Director at ACES*



Affecting The Minority Of Patients

- Significant problems as a result of having a YAG laser capsulotomy are rare but as with any laser procedure, there may be some complications, either during the treatment or afterwards.
- If you have another condition such as age-related macular degeneration, diabetes or glaucoma the quality of your vision may be limited as a YAG laser capsulotomy cannot make your vision better than it was straight after your initial lens surgery.
- There can be indentations on the lens. Usually this is very mild, and referred to as 'pitting'. If the pitting was noticeable, and located near the centre of the lens, it could affect your vision.
- Floaters are common following a YAG laser capsulotomy. Usually they disappear after a few days, but sometimes some of the floaters may stay for longer.
- A YAG laser capsulotomy can, in some people cause swelling in the central part of the retina (the macula). The swelling is called cystoid macular oedema, CMO or CME. This can affect the improvement in vision achieved by the treatment, though in most cases it is a temporary condition that is treated with eye drops or tablets (or both). In rare cases this condition can come back and affect your vision in the long term. If this is the case, you may need more tests and treatment. This may involve additional cost.
- There is a slightly increased chance of developing a retinal detachment following this treatment. However, the risk for most people is still very low, and this is generally not considered a reason not to go ahead with the treatment.
- With some implant designs, there is a small risk that a YAG laser capsulotomy may allow the implant to move out of position, which would affect your vision. However, with the more commonly used implant styles this is extremely rare.
- You may still depend on glasses or contact lenses for near vision and reading in conditions such as dim lighting, to see very small print or for close-up work for long periods of time. Night-vision disturbance such as glare and 'halos', double vision or seeing 'ghosts' around things are common immediately after a YAG laser capsulotomy.
- In most cases these symptoms gradually disappear over a period of weeks or months following the treatment. In rare cases, night-vision problems may last for longer periods or could be permanent. The risk of night-vision disturbance is higher in patients who had a high prescription before their treatment.

Preparing For Your Surgery Day

Informed Consent Document

This brochure is your informed consent document. You must read this informed consent document in full prior to your day of surgery. Do not sign the document as this must be completed with your clinician.

Contact Lens Wearers

Your clinician will have advised you not to wear your contact lenses on the day of your procedure. It is important that you have followed their instructions.

Prescribed Eye Drops

If you were prescribed eye drops, gels or ointments by your clinician or surgeon at a previous appointment please make sure that you follow their instructions.

General

- Please allow yourself enough travel time to arrive at the clinic on time.
- You can expect to be with us for about 1 hour.
- You will be unable to drive after your eye surgery and should make alternative travel arrangements. We would advise that you bring a friend or family member with you.
- You should continue to take any medication unrelated to your corrective eye surgery as normal. Please feel free to contact the surgery support team should you have any questions regarding your medication.



The Day Of Your Procedure

Pre-Treatment

- On the day of your procedure, you will meet with an experienced clinical team member who will answer any questions you may have, insert any eye drops and re-check some clinical tests ahead of your YAG procedure to include a vision test and a measurement of the pressure within your eyes. You will then meet your treating clinician where you can ask any further questions, they will explain the procedure once again and you will be asked to sign the consent form.

Decision On Candidacy

- The surgery may be cancelled or postponed at short notice or on the day of procedure due to unforeseen circumstances. Your treating clinician may decide not to proceed if they become aware of any contraindication to the procedure. These short notice decisions, while inconvenient and perhaps stressful, are made to reduce unnecessary risk and are made with your best clinical interests in mind.

The Treatment Procedure

- Your treating clinician will use a YAG laser to create an opening in the centre of the cloudy capsule. The opening allows clear passage of light rays and eliminates the cloudiness that was interfering with your vision. The actual procedure takes less than 5 minutes, and the results are almost immediate. However, your vision will probably be a little blurry from the drops and the dilation, so someone will need to drive you home. You are recommended to attend a follow-up appointment with your optometrist in 4 weeks time.

Post-Treatment

- After the procedure you will return to the post-treatment area where you can rest.
- We would advise you to wear non-prescription sunglasses following your procedure as much as possible whilst outdoors for at least the first 24 hours as you may experience glare during recovery from the procedure.



After Your YAG Capsulotomy Procedure

The First 24 Hours

- Your eye may water, feel gritty or irritated.
- Your vision, while typically improved, may still be a bit blurry.
- You may be light sensitive and may see glare, halos, shadows or ghosting around lights at night.
- You may experience floaters.
- These symptoms are all completely normal and will gradually improve.
- By the next day, your eyes should feel more comfortable and your vision should be clearer.
- Eye drops may be prescribed by your clinician as applicable to your clinical care.



Consent Form

Patient Information Sticker

Internal Use Only: PX CID..... PX DOB.....
PX Name.....

It is important that you have read and understood the information in this consent brochure in relation to your YAG capsulotomy surgery.

If you have any questions please speak to your treating clinician before your surgery.

Before surgery this page will be detached from the consent brochure and retained in your medical records.

Please write your initials in the boxes as confirmation that you agree to and understand the information in this consent brochure.

	Initial
Potential Risks Of YAG Surgery (page 3 - 4).	<input type="text"/>
Preparing For Your Surgery Day (page 5).	<input type="text"/>
The Day Of Your Procedure (page 6).	<input type="text"/>
After Your YAG Capsulotomy Procedure (page 7).	<input type="text"/>
Your treating clinician will decide whether you are suitable for treatment, taking into consideration the findings of the optometrist at your pre-assessment.	<input type="text"/>
Your treating clinician may elect to postpone your procedure to a future day should they believe that additional diagnostic tests or additional medical specialist support or information is required to allow delivery of your treatment.	<input type="text"/>

Informed Consent Declaration

I, the clinician, have discussed the intended procedure with the patient and have provided the patient with this informed consent brochure. I am content that the patient understands it and the risks and benefits of, and alternatives to, the treatment. The patient has told me that I have answered all their questions to their satisfaction. The patient has also told me they are willing to accept the risks associated with the intended treatment, and voluntarily agrees to have YAG capsulotomy surgery.

Clinician Name:
Clinician Signature:
Date:

Patient Declaration

I have taken part in a discussion on the potential risks, benefits and alternatives to YAG capsulotomy surgery.

I understand that the decision whether to go ahead with YAG capsulotomy is mine alone, and should be based on the information I have received in this document and during my pre-treatment consultation(s).

I confirm that all my questions have been answered, and I am satisfied with the answers. I understand that YAG capsulotomy surgery is an elective procedure (which means that I can choose whether or not to have this procedure). I understand that there are other ways to correct vision, some which involve surgery and some which do not, but I also understand that there are currently no other effective ways to correct or restore lost vision. The risks and benefits in addition to the range of outcomes associated with treatment have been thoroughly explained to me. I understand there are no guarantees as to my outcome.

Having carefully reflected I give my consent to go ahead with procedure.

Patient Name:.....

Patient Signature:

Date:

Clinician Declaration

I have discussed the intended procedure with the patient. I am satisfied that the patient has read this informed consent brochure, and understands it and the potential risks and benefits of the treatment. The patient has told me that I have answered all their questions to their satisfaction. The patient has also told me they are willing to accept the risks associated with the intended treatment, and voluntarily agrees to have YAG capsulotomy procedure. I agree to accept this patient on the above terms and provide treatment as set out in this document.

Clinician Name:

Clinician Signature:

Date:

Notes



98.6%

were satisfied
with their care.*

97.8%

were satisfied or
very satisfied with their
overall experience
at ACES.*

91.2%

said their quality of life has
improved since having
surgery.*

*2023 ACES Telemedicine Post-Op Questionnaire and External Optometrist Feedback form.
Dates between 1st January to 3rd of September 2023. Sample size 3,776.

Contact Telephone Numbers

All emergency calls should be directed to:

0141 222 3933 between the hours of 9am-5pm from Monday to Saturday

03300 240 488 outside normal opening hours.

ACES

General enquiries:
aceseyeclinic.enquiries@nhs.net
0333 188 2937

aces-eyeclinic.co.uk

ACES services are commissioned by ICBs across England.

Providing NHS patients with choice when it comes to their eye care.

